



St Luke's Church of England School

Parent/Carer & Student

COVID Information Guide

September 2021

The past year has been a strange and unprecedented time for everyone. We have all had to adjust to a 'new normal' way of working and have been exceptionally proud of the way our staff and students have responded to the challenges of remote learning, isolating and COVID testing

It is only natural that some parents/carers and students will be feeling anxious about their return to school in September. This document is a support guide on how students will return to school.



Student COVID testing upon return to school

As you'll no doubt be aware from recent news and government announcements, the government have requested schools to offer all students (where consent has been provided) 2 lateral flow tests during their return to on their return. We strongly encourage all students to have these tests for their own and others' safety. Where the child is under the age of 16, parents/carers will need to provide their consent. Students aged 16+ will be able to provide their own consent. If parents/carers have already provided their consent for testing, they will not need to do so again.

The following programme will be in place to ensure students have had a negative test before returning to school;

On Monday 6th September and Tuesday 7th September all students will come into school by walking over the School bridge, go to the student reception area where it will be clearly sign posted to show them where the entrance is for the test centre.

Monday 6th September

- Year 7, 11 and half of year 10 students to attend school for their lateral flow test then return home afterwards. (Please see time table attached for your child testing time)

Tuesday 7th September

- Year 8, 9 and second half of year 10 students to attend school for their lateral flow test then return home afterwards. (Please see time table attached for your child testing time)

Wednesday 8th September

- Year 7 and 11 return to school

Thursday 9th September

- All years to return to school as normal
- Second lateral flow tests for years 7,11 and half year 10

Friday 10th September

- All years come to school as normal
- Second lateral flow tests for years 8,9 and half year 10

Please see our letter below regarding lateral flow testing in school and the consent process, which you should already have received via email:

NHS Test and Trace: COVID-19 testing for students

Dear Parent/Carer,

The DfE have asked us to communicate the information below regarding the implementation of testing within our schools.

The intention will be to test all students where consent has been provided, as per government guidance. Students will receive 2 tests in total 3-5 days apart, at which point they will revert to home testing. We will be sending out further information on home testing over the coming weeks. If you have already responded and given consent for your child you do not need to do this again.

Along with the other protective measures we are taking, these tests will help to ensure staff and students' safety in school. Up to one third of people who have coronavirus experience no symptoms. By testing we will help to stop the virus spread and help to keep our school open as safely as possible.

The test is voluntary, but we would really encourage everyone to take it. An instructional leaflet is attached with further information from the NHS regarding the self-swab test.

Those taking the test will be supervised by trained staff. The 'lateral flow' tests are quick and easy using a swab of your nose and throat. An instructional video of how to complete the test can be found here: <https://youtu.be/K6LWFgT0tT4>

*Please note some of the new tests that we may use will be nasal swab only

*The new government guidelines do not require students to wear face coverings in school, however should your child feel they would like to wear one in the testing centre they can do so. Staff in the testing centre will be wearing PPE.

For results of the tests you will only hear from us if you have a positive test. Where participants are under 16, parents or legal guardians will also be informed.

What if a student tests positive?

Students who test positive will be informed about their results individually. Where participants are under 16, parents or legal guardians will also be notified. Guidance on safe travel and additional precautions will be provided along with test results. Students will need to follow government guidance and self-isolate, take a further 'PCR test' (similar to those done in local and regional testing sites) on the same day (or as soon as possible). To book your test you can go to www.gov.uk/getcoronavirus-test or call 119 to book a follow-up test. Please try to visit a drive-through test site if possible, as it is faster than requesting a postal home test. During this time while students wait for the PCR result the household will need to self-isolate. If the PCR test returns a positive result you will have to self-isolate and follow the guidance from NHS Test and Trace.

What happens if the test is negative?

They will be able to stay in school and resume their activities as normal. A student will only be told if they test positive on a 'lateral flow' test, so if you do not hear you can assume it was negative.

A small number of students may need to repeat the test if the first test was invalid or void for some reason.

Should I still take part in the asymptomatic testing programme if I have recently tested positive for COVID-19?

If you have tested positive by PCR for COVID-19, you will probably have developed some immunity to the disease. However, it cannot be guaranteed that everyone will develop immunity, or how long it will last. It is possible for PCR tests to remain positive for some time after COVID-19 infection. Anyone who has previously received a positive COVID-19 PCR test result should not be re-tested within 90 days of that test, unless they develop any new symptoms of COVID-19.







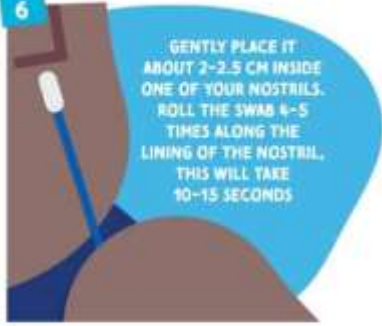


What if my child develops symptoms?

This testing programme at school is for people with no symptoms. If your child develops symptoms at any time (such as a high temperature; a new, continuous cough; or a loss or change to their sense of smell or taste) they must immediately self-isolate, and book a test by calling 119 (England, Wales and Northern Ireland) or 0300 303 2713 (Scotland) or visiting <https://www.gov.uk/get-coronavirus-test>.

NHS
Test and Trace

HOW TO DO YOUR TEST

WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED

-  YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED
-  YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU
-  BLOW YOUR NOSE IF NEEDED, WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART
-  OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE **10 SECS**
-  REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS
-  YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING. THIS TAKES ABOUT 30 MINUTES
-  GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL. THIS WILL TAKE 10-15 SECONDS
-  AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP
-  YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT

School Day Timings

Year Group	7	8	9	10	11
Arrival time	8.10 – 8.25am – all students move straight to tutor groups.				
Tutor time	08.30–08.40				
P1	08.40 – 09.40				
P2	09.40 – 10.40				
Breaktime / Tutor time	(tutor) 10.40 – 11.10	(break) 10.40 – 11.10	(break) 10.40 – 11.10	(tutor) 10.40 – 11.10	(tutor) 10.40 – 11.10
	(break) 11.10 – 11.40	(tutor) 11.10 – 11.40	(tutor) 11.10 – 11.40	(break) 11.10 – 11.40	(break) 11.10 – 11.40
P3	11.40 – 12.40				
Yr 8/9lunch P4 Yr 7/10/11 lunch	(p4) 12.40–13.40	(lunch) 12.40–13.10	(lunch) 12.40 – 13.10	(p4) 12.40–13.40	(p4) 12.40–13.40
	(lunch) 13.40 – 14.10				(lunch) 13.40 – 14.10
		(P4) 13.10 – 14.10	(P4) 13.10 – 14.10	(lunch) 13.40 – 14.10	
P5	14.10 – 15.10	14.10 – 15.10	14.10 – 15.10	14.10 – 15.10	14.10 – 15.10
P6/Enrichment	Monday 15.15 – 16.10				

Year	Entrance/Exit	Break/Lunch zone	Toilets
7	Main entrance (right)	T/Courts	Atrium - Main doors end
8	Main entrance (left)	T/Courts	Atrium - Main doors end
9	D&T Courtyard	Atrium/Amphitheatre	Atrium - Canteen end
10	Hums Courtyard	Atrium/Courtyard (IT/Hums)	Atrium - Main doors end
11	Canteen entrance	Atrium/Amphitheatre	Atrium - Canteen end

Social Distancing and hand hygiene

Our normal social distancing rules will be in place, with our one way systems, year group bubble entrances/exits, social time zones and toilets and ensuring staff, wherever possible, maintain the 2 metre distance from students and one another. We will have multiple hand sanitiser stations across the school, ensuring students sanitise their hands when entering/leaving classrooms, before/after social times and whenever they cough/sneeze

Government guidance states that all students are expected to attend school, full time. The school will be following all normal attendance policies and protocol when we return on 6th September 2021. However, please do not send your child to school if they have any of the COVID19 related symptoms and please inform our attendance team immediately if this is the case.

Attendance

Contact Telephone number 01392 204 600 – Option 1

Email – attendance@stlukescofe.school



CORONAVIRUS STAY ALERT TO THE SYMPTOMS

**HIGH TEMPERATURE
OR NEW CONTINUOUS COUGH
OR LOSS OF TASTE OR SMELL?**

No one in your household should leave home if any one person has symptoms.

Find out how to get a test, and how long to isolate, at [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)